



CARB-ORATORS TOASTMASTERS CLUB #4837

AREA 44 * Division D * District 39 * Region 1

JANUARY 2005 NEWSLETTER

CLUB MEMBER ACHIEVEMENTS

Congratulations to **Cathy Carlson** (Enforcement Division) for completing her Competent Toastmaster (CTM) certification, the completion of ten speeches emphasizing the various aspects of good public speaking.

Also, congratulations to **Kim Nguyen** (Enforcement Division) for completing the Advanced Toastmaster Bronze (ATM-B) certification, involving specialized aspects of speaking. Kim specialized in both informational speeches and story-telling.

CLUB ACHIEVEMENTS

CARB-Orators has achieved the highest possible club honor for the last two years—the President's Distinguished Club award, an award that typically is achieved by only 15% of Toastmaster clubs in any given year. This year we are on track for our third time in a row, if we meet our goals for new members, personal achievement, and officer training by the end of May!

AREA COMPETITIONS

CARB-Orators continued their strong finishes in regional speech competitions. **La Ronda Bowen-Fruin** finished first place this past fall in the club's Humorous Speech category with her speech titled "The Most Reflective City in America" a speech about male baldness and what to do about it. La Ronda won 2nd place in the Toastmasters International Area 44 contest with this speech and advanced to the next round of competition.

Tina Suarez-Murias (Planning and Technical Support Division) won the club's Table Topics contest, where contestants have one to two minutes to speak extemporaneously in response to a question on a topic which is not revealed to them until the question is asked. For the CARB-Orators club competition, the question was "Have national political conventions outlived their value?" Tina also gave a strong performance at the Area 44 contest but did not place in the top two advancing positions. Congratulations to La Ronda and Tina for their fine performances!

These fine performances continue the string of excellent finishes by CARB-Orators in regional competitions. Last spring, **La Ronda** won first place in the Evaluation Contest (an impromptu evaluation of a model speech) at the club, Area and (multi-Area) Division level.

NEW MEMBERS

CARB-Orators welcomes new member **Linda Jacobs** (Department of Toxic Substances) and returning member **Jinyou Liang** (Planning and Technical Support Division) of ARB. Welcome!

OFFICERS

Continuing CARB-Orator officers for the 2004-2005 year are: **Cathy Carlson**, Sergeant-of-Arms and Scheduler; **Bill Dean**, Vice President of Education; **Scott Fruin**, President; **Dongmin Luo**, Vice President of Public Relations; **Elliot Mulberg**, Treasurer; **Kim Nguyen**, Secretary; and **Tina Suarez-Murias**, Vice President of Membership. Please see any of them if you have any questions about Toastmasters.

VISITORS ALWAYS WELCOME: CARB-Orators invites you to visit one of our dynamic meetings and see how members learn to speak more clearly and concisely in a supportive and friendly environment. Join us on Tuesdays, 12-1 p.m., in Conference Room 720 on the 7th floor, 1001 I Street. Membership is open to all—you don't have to work for CARB to join us!

For more information, please contact Tina Suarez-Murias, VP Membership, at 323-1495 or Scott Fruin, President, at 322-7147.